

**SELF AWARENESS AUDIT**

1.

2.

3.

4.

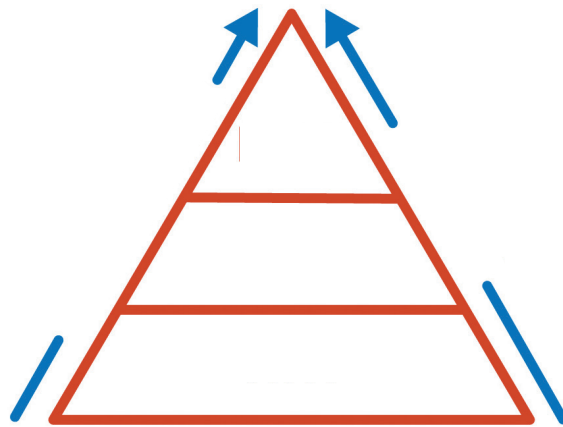
5.

6.

7.

---

Mindset to Mastery Methodology©



© jan spence & associates

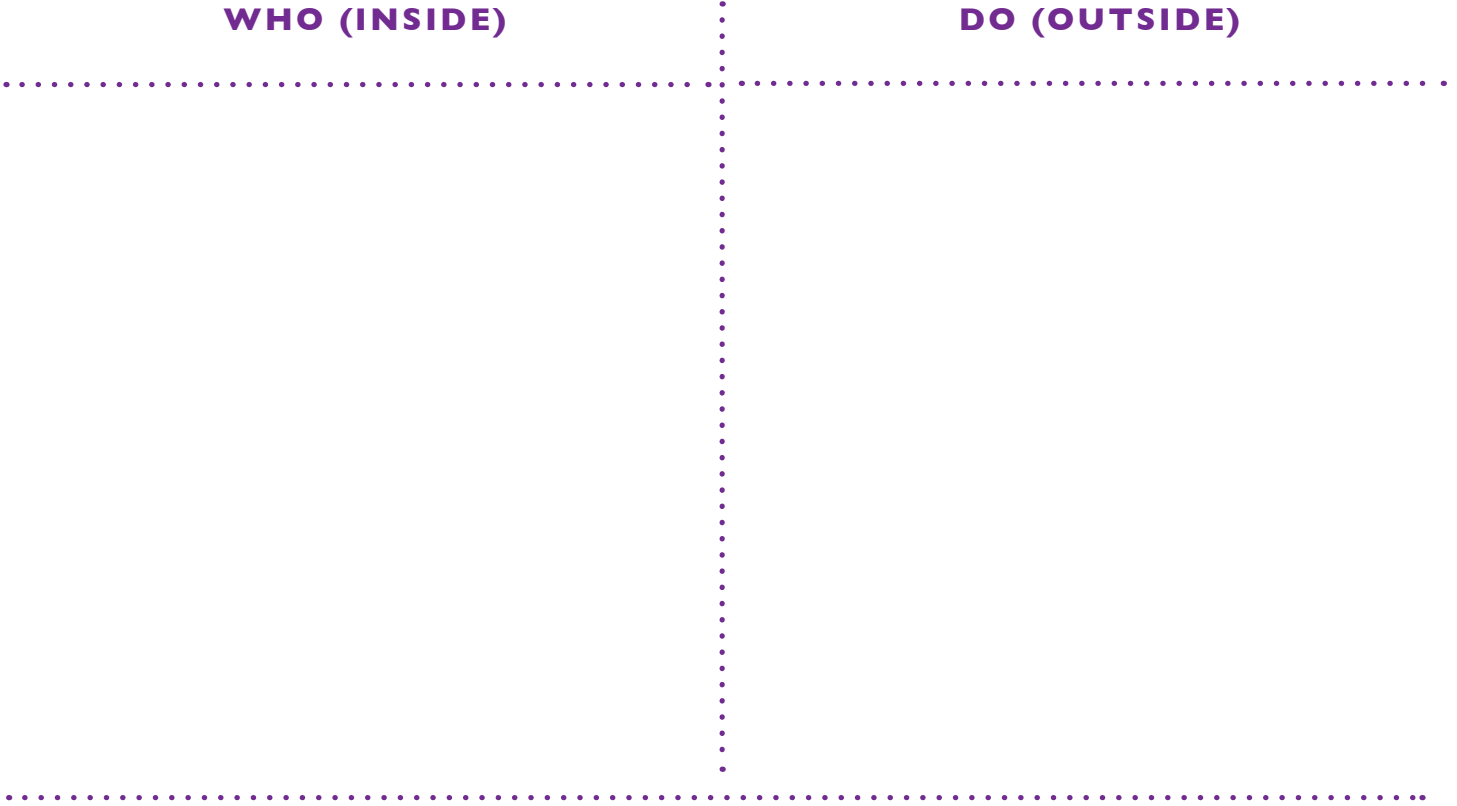
I commit to:



**WhoDo THEORY®**

**WHO (INSIDE)**

**DO (OUTSIDE)**



**NOTES:**

I commit to:

